

UNIVERSITY
OF WYOMING

College of Health Sciences
Wyoming Institute
for Disabilities

July Telehealth Newsletter

Wyoming Telehealth Newsletters aim to inform and educate people about news happening in the world of healthcare and telehealth!

This Newsletter includes:

- Provider Spotlight
- Three Wyoming Hospitals Are In The Top 20 Rural Hospitals
- Oklahoma Telestroke Program
- When Patients Bring AI Into the Exam Room
- Health Care Identity Verification Tech Surges Amid Data Vulnerability Fears
- What to Know About Medicare Coverage of Telehealth
- Wearable Health Devices Expand Clinical Role
- Early Signals from State Rural Health Transformation Plans

Provider Spotlight

Dawn Sopron is a psychotherapist and yoga educator with more than 30 years of experience. Throughout her career, she has helped people navigate emotional and relational challenges through a trauma-informed approach to healing. Dawn has experience providing care in a variety of different settings, including hospitals, mental health clinics, home health and hospice, and since 1993 - her own private practice, Clay Pot Counseling. In addition to her LCSW, Dawn has held a certification in Eye Movement Desensitization and Reprocessing (EMDR) since 1997 and is a registered and certified yoga instructor through the Yoga Alliance and Surya Chandra Healing Yoga School. As a yoga instructor, she has facilitated several Women's Gentle Yoga and Music Retreats throughout the Mountain West and taught online yoga-themed workshops.

Dawn Sopron, LCSW



Hospital Launches TeleNICU Program



Memorial Hospital of Sweetwater County is partnering with University of Utah Health's TeleNICU program to bring specialized neonatal expertise to local care, helping more vulnerable newborns stay close to home with their families. Through advanced training, real-time collaboration with NICU specialists, and a goal of becoming a Level II

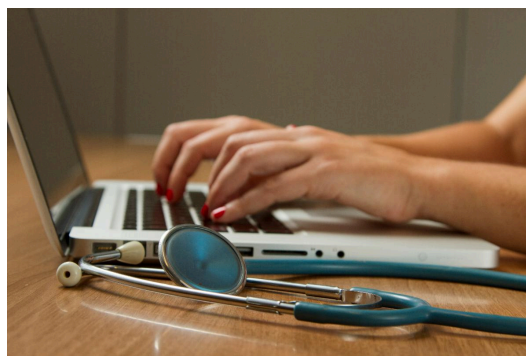
Nursery, the hospital is expanding its ability to provide high-quality care while reducing the need for transfers to larger hospitals.

[Full Article](#)

Telehealth Is Closing the Gap in Rural Sexual Assault Care

Telehealth is transforming sexual assault care in rural communities through SAFE-T System, a forensic nursing model founded by Sheridan Miyamoto, RN, that connects local hospitals with expert sexual assault nurse examiners in real time so survivors can receive compassionate, trauma-informed care close to home. By expanding

the rural forensic nursing workforce, improving evidence collection, and increasing access to care, SAFE-T is helping ensure survivors receive the expert support they deserve when they need it most.

[Full Article](#)

Rural Pediatric Readiness: Improving Emergency Care for Kids



Every emergency department should be prepared to care for children, regardless of its size or location. Pediatric readiness initiatives are helping rural hospitals strengthen emergency care through specialized training, pediatric-specific equipment, and quality improvement programs. Giving healthcare teams the tools and confidence to deliver lifesaving care when every second counts.

[Full Article](#)

North Carolina School-Based Telehealth Cuts Behavioral Issues



New findings from North Carolina show that schools offering behavioral health services through telehealth are seeing improvements in student behavior, attendance, and access to care. As school-based behavioral telehealth continues to expand, early results suggest it is helping students get the mental

health support they need while keeping them engaged and learning in the classroom. These promising outcomes highlight how expanding access to behavioral health services in schools can support student well-being and create a healthier learning environment.

[Full Article](#)

The Insight Gap in AI Delusions

As AI becomes more integrated into everyday life, mental health experts are raising awareness about AI-associated delusional spirals, situations where chatbot interactions may reinforce unhealthy beliefs in vulnerable individuals. Rather than relying on confrontation, experts recommend approaches that promote reflection, insight, and supportive dialogue, while

emphasizing the importance of early intervention, healthy routines, and thoughtful AI design. As research continues to evolve, collaboration among families, clinicians, and technology developers will be essential to help ensure AI supports mental well-being rather than unintentionally contributing to harm.



[Full Article](#)

GLP-1 Drug Interactions Raise New Questions for Telehealth Weight Loss Care



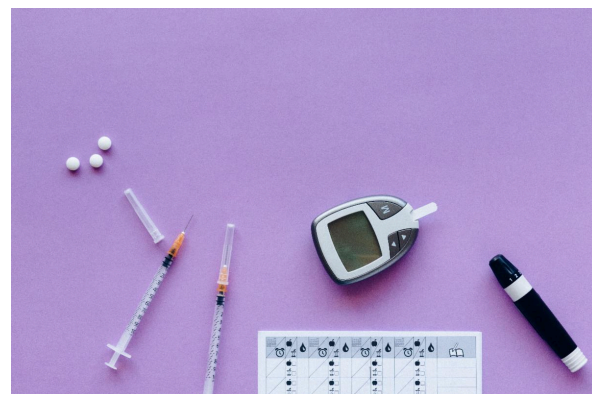
As GLP-1 medications become more widely available through telehealth and other modern care models, researchers are working to better understand how these therapies may affect the absorption of certain oral medications and long-term patient outcomes. With access expanding faster than the evidence base, continued investment in biomedical

research will be essential to help clinicians make informed decisions about the safe and effective use of these treatments in real-world practice.

[Full Article](#)

CMS Launches New ACCESS Model Resource for Chronic Disease Management

The Centers for Medicare & Medicaid Services (CMS) has introduced a new Access Model Resource to improve care for patients with chronic diseases by supporting more coordinated, patient-centered treatment. This initiative aims to expand access to high-quality care, highlighting the growing role of innovative care models and telehealth in



improving outcomes for individuals managing chronic conditions. As healthcare continues to evolve, these efforts can help providers deliver

Full Article

Additional Special Interest Group Meetings

Special interest groups are facilitated by the WyTN to improve collaboration, education, and communication for distinct groups and fields in regards to telehealth. They allow for tangible support on specific needs and access to a network of champions and experts. Each group fosters their own goals to help improve their practices.

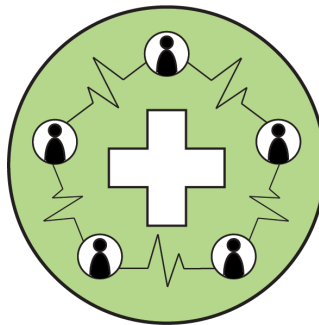


Telemental Health

Second Friday of the month

August 14, 2026
11:00am - 12:00pm

zoom.us/j/96469814026



Community Health & Chronic Disease Prevention

Second Tuesday of the month

August 11, 2026
11:00am - 12:00pm

zoom.us/j/99923831002



Hospital

Third Tuesday of the month

August 18, 2026
12:00pm - 1:00pm

zoom.us/j/94824269281

Check out the Special Interest Group webpages!

Here you'll find SIG-specific updates, agendas, minutes, and education opportunities.

Telemental
Health Website

Community
Health Website

Hospital
Website

For more information on the special interest groups, or if you would like to join one, please contact wytyn@uwyo.edu

Contact Information

Wyoming Telehealth Network | Wyoming Institute for Disabilities

UW College of Health Sciences

Phone: (307) 766-6407

Email: wyttn@uwyo.edu



Wyoming Institute for Disabilities (WIND) | Dept. 4298, 1000 East University Avenue | Laramie, WY 82071-2000 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!