

### Telehealth for tribal members of the Wind River Indian reservation

MELVIN "MEL" ARTHUR (NORTHERN ARAPAHO)

Today's Topics

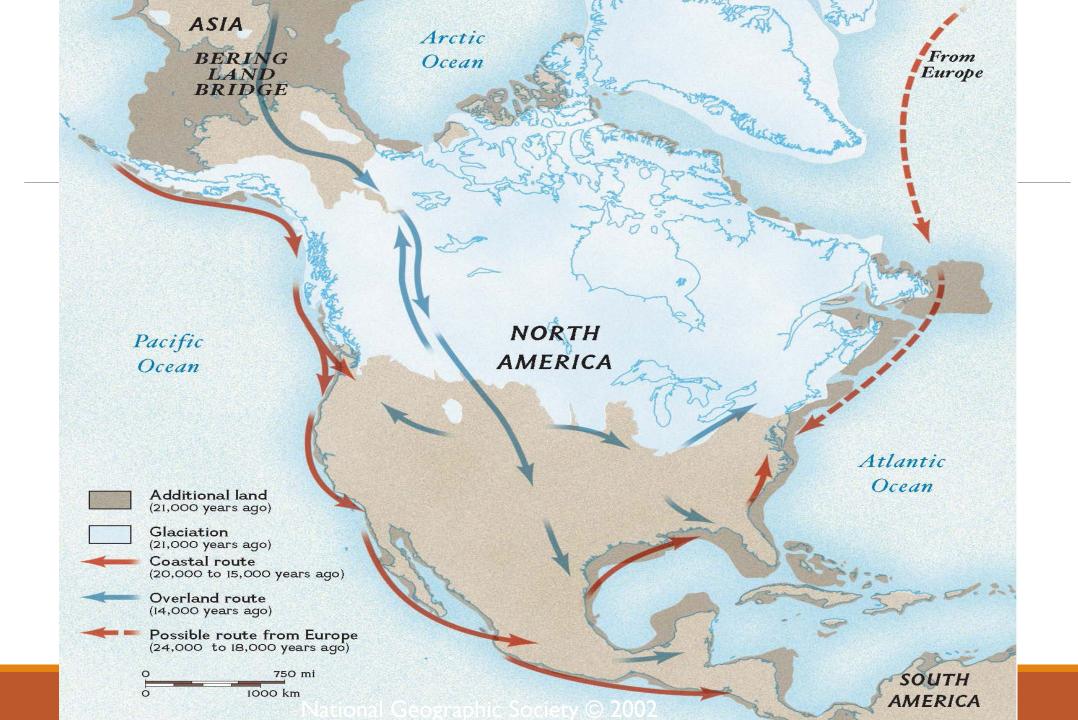
**Background on Arapaho Tribe** 

Healthcare System for the WRIR

**Telehealth** 



Background:
Historical
Narrative of the
Arapaho People



# The Beginning of a New Era (12,000-3,000 BCE)

- **≻**No Farm Animals
- **► Mound Building Cultures**
- >Algonquin:
  - > Best times for hunting, fishing, and gathering-fruits and nuts
  - > Healers & Midwives

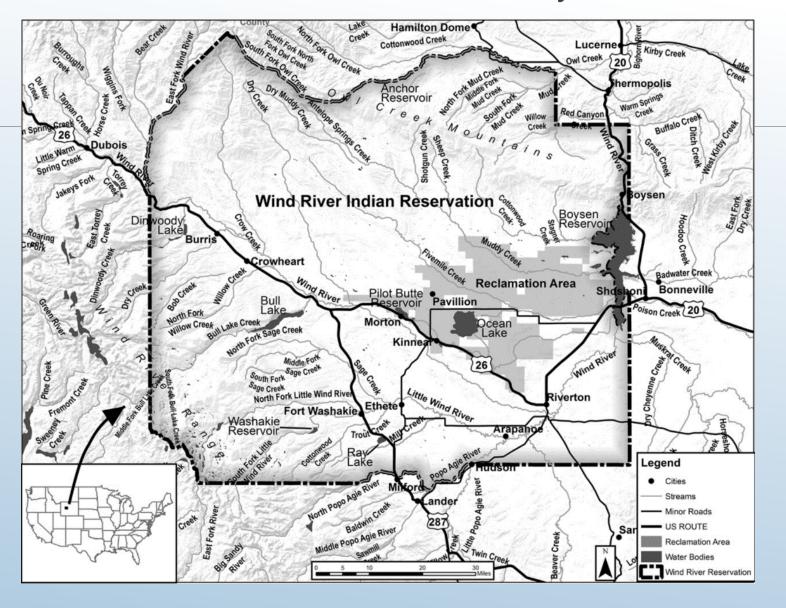
## The Great Plains in the West (1701-1851)

- Eventually every indigenous population effected by FI
- >In 1780, population 3,000 (Lowie, 1982)
- In 1804, Mandan's and Hidatsa
- In 1829, population 4,000 (Fowler, 1986)

## The Phase-Out of Northern Arapaho Traditional way of life (1851-1864)

Arapaho Treaties		
Treaty	Date Range	Implications
Fort Laramie	1851-1860	Encroachments disrupted natural migration of buffalo
Fort Wise	1861-1864	First instance of land loss in treaties & traditional hunting grounds
Little Arkansas River	1865-1866	Could not maintain traditional system – because of conflict
Medicine Lodge Treaty	1867	It would be detrimental for an Arapaho to break the law
Fort Laramie	1868	This treaty forced the Northern Arapaho to live on the prairie with little resources

#### Turn of the 19th Century



#### Effects of historical trauma

on American Indian and Alaska Native health equity



The life expectancy for American Indians and Alaska Natives is

5.5 years shorter

than the total U.S. population.

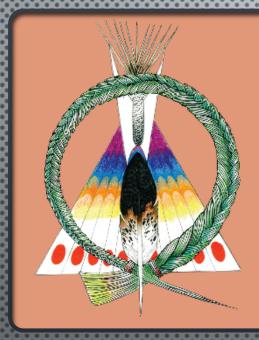
There is also a higher risk of:

- · psychiatric conditions
- suicide
- trauma
- substance use disorder
- · cancer mortality
- diabetes

MEDICAL NEWS TODAY

The impact of historical trauma on American Indian health equity



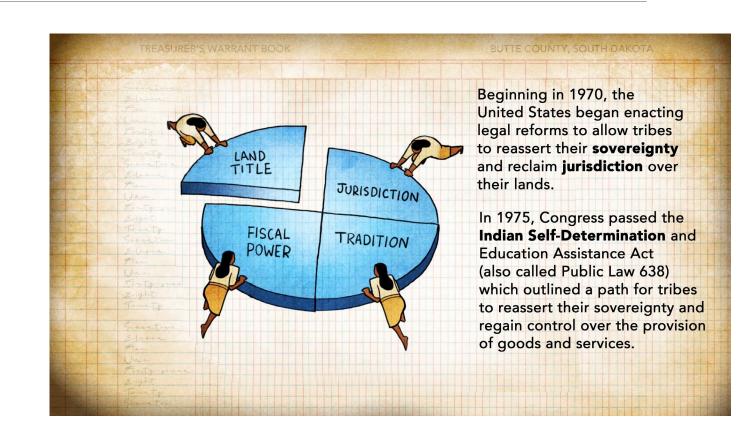


## WIND RIVER FAMILY & COMMUNITY HEALTH CARE

WRC IS GROWING AND CREATING A HEALTHCARE SYSTEM SPECIFIC FOR WRIR Indian Health Service (IHS)



- Congressional Action-1972
- ➤ Proposed & Amended
- Title I of Bill is PL 93-638
- ➤ Indian Self-Determination & Education Assistance Act Passed Congress in 1975





- > About
- Mission Statement
- Vision



## Wind River Family & Community Health Care System







Grand Opening January 16th, 2016



Ethete's Beginning



Ethete Clinic Today



Riverton Clinic

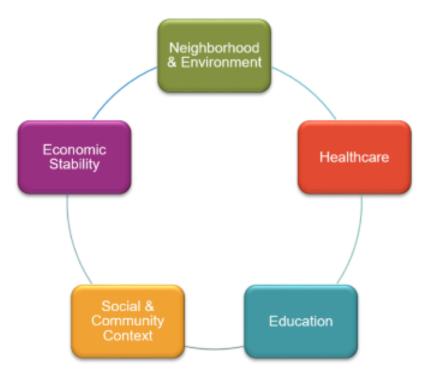


#### Wind River Cares Mobile Healthcare Units



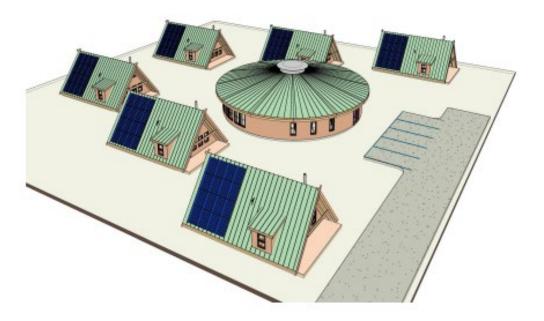
- Northern Arapaho Diabetes Program
- White Buffalo Recovery, Wellness, and Youth Programs
- Family Spirits
- > CHAP

#### **CHAP & Social Determinants of Health**



#### Elder housing community

for Northern Arapaho Tribe of Wyoming



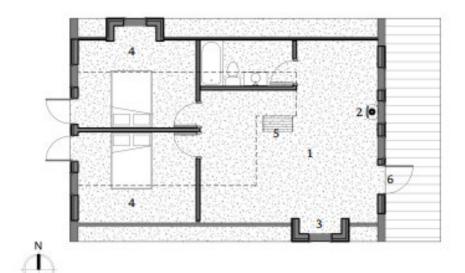


Warm Valley LLC



#### Elder housing community

for Northern Arapaho Tribe of Wyoming





- 2. Wood stove
- 3. Kitchenette
- 4. Bedroom (2)
- 5. Ladder to loft
- 6. Front door facing East

Total: 1070 square feet



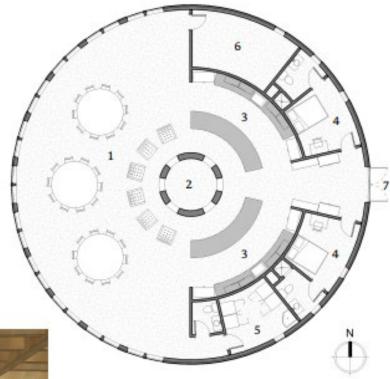


#### Elder housing community

for Northern Arapaho Tribe of Wyoming







- 1. Great Room
- 2. Fireplace
- 3. Commercial Kitchen (2)
- 4. Residential (2)
- 5. Laundry
- 6. Storage
- 7. Front door facing East

Total: 2922 square feet



Civil and Architectural Engineering and Construction Management

#### Telehealth for the WRIR





## Connected health



#### The right to health care



#### Technology as a tool to provide quality care













# WIND RIVER FAMILY & COMMUNITY HEALTH CARE

Telemedicine

#### **Telecare:** [Research & Development]





#### Telehealth Update

#### What is Completed so far:

- Initial Meetings with Telehealth Tertiary Facilities
- Telehealth Equipment Recieved
- Sent Provider Survey & Collected Responses
- Obtained Information about USDA Grant
- Spoken to Richard Brannan (CEO at WRC)

#### **Next Immediate Steps:**

- Obtaining Directive from CEO
- Follow-up meetings with tertiary telehealth facilities
- Identifying Space for Telehealth Exam Room
- Work on meeting with Med Staff

### Next Overall Steps/Goals

- **Obtain CEO Directive**
- Establish Telehealth Committee
- Telehealth Equipment Training
  - Identify space for telehealth exam room
- Establish Contracts with Specialty Providers
  - Identify Priority Specialties
- Hire Telehealth Nurse Coordinator

### Questions?

THANK YOU!