Part One of a Three-Part Series on Patient Engagement: Identifying the Best Patients for Telehealth and Engaging Them in Inventive Ways



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Today's Agenda

01 The Telepractice Patient

Identifying the best patients for telehealth

02 Strategies for

Success

Engaging telehealth patients in unique ways

Implementing innovative strategies

03

Keeping it Fun!



U1 The Telepractice Patient



Who are we looking for?

What qualities do ideal telehealth patients possess?

- Cognitive, behavioral & motivation
- Physical & sensory
- Communication
 - Technology- comfort and access
 - Support system



Considerations



Client environment

Comfort, confidentiality, safety

Client history

Mental health, living situation, abuse





Ethics

Equally effective?

Clinician skills?

Best serve the client?









Strategies for Success



Patient & family priorities



Relationship building & collaboration



Become three dimensional



Track progress & share data



Utilize in-person support system



Evidence based practice

Innovative Technology

- Document camera
- Patient portal secure document sharing
- Remote monitoring devices
- Use live video to your advantage

Quick tips:

- If using Zoom, check your settings
- Don't forget the basics: good camera and
- microphone, great internet



FunBrain

PreK to 8th grade

Free interactive games, books, videos, and printables that help kids develop skills in math, reading, problem-solving, and literacy

Books - Online Books for Kids

Games - some require download <u>https://www.funbrain.com/games/spell-check</u>

Videos - safe for kids

BUT ~30 second ads before the start <u>https://www.funbrain.com/videos/papa-cloudy/papa-cloudys-lau</u> <u>ndromat</u>



Oxford Owl

Dashboard (oxfordowl.co.uk) Books PreK - 6th grade levels Requires free sign up Some materials require subscription Read Write Inc. Phonics eBook Library

Free eBooks

Book band color determines age/ability level





Reading level by band color PreK - 6th grade levels

https://cdn.oxfordowl.co.uk/2019/07/19/13/52 /18/160/OxfordLevelsAndBookBands.png

Younger - Oxford Owl for School and Home Older https://www.oxfordowl.co.uk/api/interactives/35169.html

Oxford Levels and Book Bands

Use the table below to find out which Oxford Level is best suited to your child.

Year group	Age	Oxford Level	Book Band	
Nursery	Up to 4 years old	1	Lilac	
nuisery	op to 4 years old	1+	Pink	
		1	Lilac	
		1+	Pink	
Reception / Primary 1		2	Red	
		3	Yellow	
			Light blue	
Year 1 / Primary 2		5	Green	
fear 1 / Filliary 2	5–6 years old	6	Orange	
			Turquoise	
		8	Purple	
Voar 2 / Primary 2	6–7 years old		Gold	
Year 2 / Primary 3			White	
		11	Lime	
		12	Lime +	
		8	Brown	
	7–8 years old 8–9 years old 9–10 years old			
		10		
Year 3 / Primary 4		11		
		12		
		13	Grey	
		14		
Year 4 / Primary 5		15	Dark blue	
Year 5 / Primary 6		17		
			Dark red	
Year 6 / Primary 7	10–11 years old	19 20		

www.oxfordowl.co.uk

Oxford Owl

Oxford International English

- global, multicultural outlook Reading comprehension, writing and speaking and listening skills for 5–11-year-olds

https://www.oxfordowl.co.uk/for-school/tar/oxford-international-english--1?sort_field=orde r&sort_dir=asc&toggle=header-block-information-closed&query=&level=&unit=unit+1&res ource_type=#

BUT only includes digital material sources

- -would need to add some materials
- or create your own version

Planning Support

Unit contents

Unit	t Theme Reading and comprehension A new school Fiction Narrative with a familiar setting <i>The Name Jar</i>		Writing	
1			Fiction Writing characters' speech bubbles	
2	Show me, tell me	Non-fiction Instructions Signs and Labels, Our Senses, How to Make a Spinning Picture Trick	Non-fiction Writing instructions	
3	Everyday poems	Poems Diggedy-do, Wobbly Tooth, Today I'm a drummer, Poppadoms	Poetry Writing rhyming words	
4	Traditional stories	Fiction Traditional narratives The Magic Paintbrush, The Pumpkin in the Jar	Fiction Writing traditional story language	
5	Water world	Non-fiction Reports and dictionaries Ocean Sharks, A–Z of the Sea, Sea Transport	Non-fiction Writing questions	

Language, grammar, spelling, vocabulary, phonics, punctuation	Speaking and listening	
 Initial letter sounds Blend sounds Sentence punctuation: full stops and capital letters Digraph, sh 	Questions – developing ideas and extending understanding Take turns speaking	
Labels, lists, captions Initial letter sounds Blend sounds New words in context Digraph, ch Rhyming words Instructions vocabulary	Questions – developing ideas and extending understanding Take turns speaking	
 Link words to meaning Initial letter sounds Rhyming words Digraph, ch New words in context Features of poetry genre 	Reciting poems Expressing feelings, ideas and opinions	
 Blend sounds New words in context Digraphs, <i>ch</i>, <i>th</i>, <i>sh</i> Long vowel phoneme, /ee/ Sentence punctuation: capital letters and full stops 	Questions – developing ideas and extending understanding Take turns speaking Expressing ideas	
 Common word endings, -ing, -s Digraphs, sh, cr New words in context Common sight words, a, and, the Labels Sentence punctuation: full stops and question marks 	Questions – developing ideas and extending understanding Take turns speaking Expressing ideas	

Reading Comprehension/Assessment

Oxford International

English

Unit 1 Home and school

Question Paper

Unit 1 End of unit test

Reading: fiction

Read the extract and answer the questions.

Abdullah Plays a Trick

When he got off the bus at the stop near the school, Abdullah saw a dainty, darting dragonfly. He nimbly whisked it into his net, but five sen was not enough to buy Grandfather the porridge he likes so much.

Then, in the schoolyard, hunched down in a puddle by the drinking tap he saw 5 a small green forest frog. Abdullah grinned with glee. He carefully scooped it into his net and sneaked into the classroom.

He hung his bag on its hook, and when he was sure no-one was looking he slipped the frog into Siew Lian's desk and slunk out to kick the soccer ball with his friends.

During class, Siew Lian reached into her desk to get out her writing book. Four cold sticky frog feet stepped onto her hand. She screamed and jumped out of her seat and shook the creature off, making such a fuss that everyone began to laugh. Mr Ginyun was cross.

"It's just a little frog that made its bed in your desk last night, Siew Lian," he 15 said. "Sit down and do your work, and don't be such a silly."

Abdullah smirked. Siew Lian looked around and saw and pulled a face at him.

From Abdullah's Butterfly by Janine M. Fraser and Kim Gamble

Glossary

dragonfly an insect with a long, thin body and two pairs of wings. pulled a face made an expression on your face that showed you didn't like something. sen the money used in Malaysia. slunk moved slowly and quietly in a way so as not to attract attention. smirked smilled in a way that shows you are pleased with yourself or have gained an advantage over someone else.

Comprehension

What did Abdullah see close to the drinking tap?	_
Why did Siew Lian reach into her desk?	
Why did everyone in class start to laugh?	
Give evidence from the text to support your answers.	
Do you think Abdullah was good at catching butterflies? Explain your answer.	
Why do you think Mr Ginyun was cross?	
Why did Siew Lian pull a face at Abdullah?	
Give evidence from the text to support your answers.	
Why do you think Abdullah'grinned with glee' when he saw the frog?	
Why didn't Abdullah want anyone to see him go into the classroom with the frog?	_
	-

https://cdn.oxfordowl.co.uk/2018/07/18/14/41/35/830/OIE_stage3unit1_test.pdf







Social Skills

Free - Stop Bullying.Gov Stopbullying.gov Kid Videos

Facts for Kids, training videos - with transcripts Videos for younger kids to teens

Paid - Everyday Speech https://everydayspeech.com/

Videos, worksheets, games, homework PreK-12th grade Sequential units

Adolescents

<u>https://www.adlit.org/topics/technology/adolescent</u> <u>-literacy-whats-technology-got-do-it</u>

-- Tips for building literacy using technology

https://www.fldoe.org/academics/standards/just-re ad-fl/just-take-20/families/6-8/68-reading.stml

- -- 6th-8th grade resources
- -- great materials to share with parents



Grades 6-8 Student Activities for Using the Newspaper

Features

• In groups of three, poll 15 other students or teachers and graph the results of the poll:

Do you read the comics?

What is your favorite comic?

 Clip a comic strip and remove the words. Create your own dialogue for that comic-strip character(s).

• Write a story about a comic-strip character.

• List the names of people mentioned or pictured on a feature page(s) you would like to meet. Tell why you would like to talk to them.

Sports

• Rewrite a sports article using as many opinionated phrases as possible. Trade with a classmate. Underline the biased statements of your partner.

• Find one example of "good citizenship" and one example of "bad citizenship" on the sports pages and discuss the reasons for choosing these examples.

with an orange marker and each opinion with green.

• An editorial generally consists of four parts – the question or problem, proof, conclusion and suggestions for reader action. Identify these parts in several editorials.

• Read and summarize three or four columns selected by your teacher. Discuss why you liked or disliked particular ones and whether or not you agree with the columnists.



opinions, make a list of issues of local interest.

News

• Read the headlines and select a news story. List two to three questions you expect will be answered. Write the answers to the questions, if given.

• Skim the front section of the newspaper. Write a current events quiz for your classmates. Take turns asking questions and have others find the answers.

 From the business section, pick 10 stocks you would like to buy and find the total value if you purchased 100 shares of each.
 Pick the stock you think will gain the most value in a week's time.
 Compute the percentage of gain or loss for each of the 10 stocks to see if you picked the correct one.

• News stories should be objective and unbiased. Choose two to three articles. List quotes that show different viewpoints of the story. Did the reporter use enough sources or is information lacking from the story? Is it one-sided? Why or why not?



Adolescents

How It's Made Science Channel

How It's Made: Stretch Limousines

Wordless Life Skills for Kids, Teens & People with Disabilities

Wordless Life Skills

Wordless Life Skills Episode 3: Jello



Teens/Adults

Youth.gov "Soft Skills to Pay the Bills"

Topics like Communicating or Problem Solving

Lesson plans, role play, worksheets

22. Workplace Ethics

JUST THE FACTS: We all have our own set of values or standards of behavior that we operate by on a daily basis. However, we may not always feel we can apply these same principles or standards while at work. The purpose of this lesson is to help participants learn some of the steps necessary to make ethical decisions on the job.

Time 30 minutes

Materials

Activity 22 - one copy for each participant (or group). These materials were adapted from Lesson Planet: Tools For Success: A Study in Employer/Personnel Issues, Ethics, and Professional Behavior (Alabama Learning Exchange)

Directions

Ask participants the following questions - and discuss answers with the group: How do you make decisions? Is decision-making a skill that was taught to you? Do you have personal rules for decision-making? If you have rules, do these rules change if you are making decisions at home, at school, with friends, or at work?

Activity 1. What's Your Point?

Mastering Soft Skills for Workplace Success

ROLE PLAY #1

Scenario: Jade has her first job mowing lawns. She works for her best friend's brother who owns a landscaping company. She's had the job for about three weeks and really feels like she's getting into the groove. In fact, it's the perfect job for her: she loves being outside and appreciates the fact that she can work on her own and even listen to her MP3 player! Jade arrives early at Mr. Z.'s house (her first customer of the day) and gets ready to begin mowing.

- Mr. Z.: You're finally here!
- Jade: Hi, Mr. Z. Yes, I'm here to mow your lawn.
- Mr. Z.: Well, you didn't do a very good job last week.
- Jade: I wasn't the person who mowed your lawn, but I'd like to hear why you were unhappy with the job.
- Mr. Z.: It was just a mess!



03

Keeping it fun!



Free Green Screen Training

Play-Spark

<u> TUTORIALS – Play Spark</u>

In depth instructions for use on Zoom

Key ideas

No natural light - lots of artificial light

Magnifying glass different color (9:43)

Felt green screen with matching pocket (10:37)

Matching green stick for floating objects (12:49)



Free Green Screen Training

Play-Spark

<u>TUTORIALS – Play Spark</u>

Using Worksheets (2:27) & (4:06)

Low internet connection Boom cards (5:15)

Early Intervention Coaching (6:55)

Blowing Bubbles

Kits & Materials some free! https://play-spark.com/kits



Filters and Effects

- Potato professor: <u>https://youtu.be/-hIFDp8MtbM</u>
- Snap Camera (https://snapcamera.snapchat.co)
- "Share sound" feature on Zoom
- Virtual backgrounds



Engaging Images

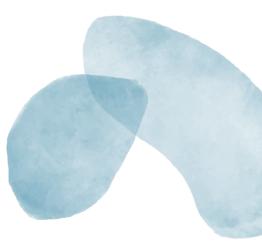
Unsplash: Beautiful Free Images & Pictures

Free Stock Photos and Images

https://burst.shopify.com/

4/1

https://www.dreamstime.com/free-images_pg1

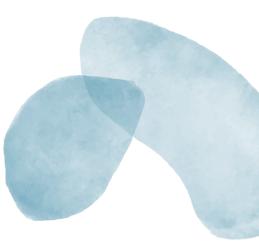


Using images



My	Mean	Mat
Melt	Move	More
Make	Meow	Mow

Animate to uncover



Using images



4/1

Animate to add pictures





Engaging Videos

Wh questions, predicting, social thinking, vocabulary

Soar by Alyce Tzue https://www.youtube.com/watch?v=UUlaseGrkLc

Fishing With Sam by Atle S. Blakseth https://www.youtube.com/watch?v=xMnx_3BC7EM

Joy and Heron https://www.youtube.com/watch?v=1lo-8UWhVcg

A Short Story of a Fox and a Mouse https://www.youtube.com/watch?v=k6kCwj0Sk4s

Coin Operated https://www.youtube.com/watch?v=5L4DQfVIcdg

-Bridge by Ting Chian Tey <u>https://www.youtube.com/watch?v=_X_AfRk9F9w</u>

Simon's Cat Films

•ht<u>tps://simonscat.com/films/</u>

Free On-demand Webinars

How to Make INTERACTIVE

Google Slides

EZ EdTech

https://www.youtube.com/watch?v=2oJT_

<u>CXLeGw</u>

Creating and Adapting

Resources for Teletherapy

Kate Boot, Oakwood Court College https://www.youtube.com/watch?v=wb-_xP yOG5A

Screen Control

Interactive activities



Promotes participation



Movement & Sound

- Get patients up and moving
- Don't be afraid to use things in the environment
- Send materials and supplies to homes
- Multisensory activities
- Off camera activities
 - Examples: trash ball, magnetic letters, following directions
 - •games (simon says)

Additional Support

Consortium of Telehealth Resource Centers https://www.telehealthresourcecenter.org/

Northwest Regional Telehealth Resource Center https://www.nrtrc.org/

American Speech-Language-Hearing Association <u>ASHA Telepractice</u>

Office for the Advancement of Telehealth https://www.hrsa.gov/rural-health/telehealth



References



ASHA Practice Portal Telepractice -

https://www.asha.org/practice-portal/professional-issues/telepractice/#collapse_1

Cohn, E.R., & Cason, J. (2019) Ethical Considerations for Client-Centered Telepractice. *Perspectives of the ASHA Special Interest Groups*. Vol. 4, pg 704–711.

Pacific Southwest Mental Health Technology Transfer Center -Telehealth Clinical and Technical Considerations for Mental Health Providers Bolden III, W. (2020) Creating and Adapting Therapy Materials for Telepractice and Computer Based Therapy.



Thanks

Does anyone have any questions?

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