**Telehealth: See your doctor from your home**

1. Telehealth means you can have a doctor’s appointment by phone or by video using a cell phone or computer.

2. You do not have to go to your doctor’s office for an appointment. This can help you and other people stay healthy.

3. Your service providers, who may go with you to a doctor’s office, can help you with your telehealth appointment.
   The people at your doctor’s office can help you with your telehealth appointment too.

4. During your appointment, the doctor will ask you questions about your health and you can answer them. You can also tell them how you are feeling.

5. At the end of your appointment, your doctor will let you know about what to do next.